



PROVIDER

Winter 2008 Newsletter

Celebrate



With the Holiday season quickly approaching and a new year hot on it's heels, PacificCARE has so much to celebrate. We honor our families and friends at this festive time and welcome the fresh start that the New Year promises.

2009 will see us celebrating our 20th anniversary; in an effort to honor you, our child care providers. We have changed our newsletter format and trust that you will find that it contains more interesting information and look forward to your feedback. We will include a section for **Pacific Child and Family Enrichment Society** membership containing the Executive Director's Report and other information on Society matters. We would be interested in knowing how you like the new format and how it can be tailored.

Please feel free to provide us feedback. You can contact us here at PacificCARE through email mailbox@pacific-care.bc.ca. Phone (250)716-2022 or 1-888-480-CARE (2273).

Care Provider Spotlight

Our Caregiver Spotlight is a new feature of the Provider that we are trying out and would like to extend a big thank you to Ineke Burritt, Brenda Remple and Iras Folden for being our first participants. We would like to feature more facilities in the Provider Caregiver Spotlight, please contact your local consultant for more details.

PacificCARE Care Provider Receives Accolades from Canadian Government - Campbell River

Brenda Rempel from Christian Life Day Care in Campbell River, was a recipient of the Prime Minister's Award for Excellence in Early Childhood Education for 2008. She was one of only 10 recipients from across Canada

Here's what a parent had to say about her. "I will be forever grateful and feel so blessed that our family had Brenda Rempel from Christian Life Daycare come into our lives. She began working with my son when he was four years old. At that time he was completely non-verbal. Brenda worked with our son for three years and over that period of time he made remarkable progress in all areas."

This is what a colleague had to say about Brenda. "Brenda Rempel has embraced the idea that children of diverse abilities have the right to participate actively in their neighborhood child care centre... She adapts and accommodates the everyday activities of play, learning and growing in ways that all children feel they belong. Brenda focuses on the strengths and gifts that each child brings with them; she sees beyond the disability to see the child first."

Kathy Rae, Campbell River Consultant



PacificCARE
Providing Quality Child Care
Office hours for Nanaimo and Courtenay
 8:30 am to 4:30 pm Monday to Friday
 Nanaimo Office open until 6 pm on Thursdays
 Closed all statutory holidays
 Head Office located at
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 237-3rd Street, Courtenay, BC V9N 1E1
 Phone (250)716-2022 or 1-888-480-CARE (2273)
 Fax (250)716-2023
 Website www.pacific-care.bc.ca
 Email: mailbox@pacific-care.bc.ca

Please note: if you are unable to reach your area consultant and must talk to someone you can call the Nanaimo office and speak with a consultant or the Coordinator of Programs and Services.

Highlights...

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Bulletins!

Caregiver Spotlights cont....

Comox Valley

Ineke Burritt has run her own License Not Required daycare, *Learn As You Grow*, for the past five years. She started in Victoria and now resides in Courtenay. Ineke enjoys having the opportunity to stay at home with her own children ages two, five and seven, while still pursuing her interest in teaching children and promoting the health and well being of others. The children in her care range between new born and five years old. Though her daycare is not full at the moment, she does have a waitlist of parents hoping to place their children of particular ages in her care. She welcomes client's children into her home as an extension of her own family.

Opening her daycare was a fairly easy process as she was supported throughout by her local CCRR consultant. Programming at *Learn As You Grow* includes age appropriate activities encouraging growth and development. These focus on enhancing a child's self worth, guiding and teaching appropriate behaviour, developing social skills and preparing children for school. The daily routine often includes field trips and visits to community play groups, Mother Goose and Strong Start programs. One challenge she faces during her day is coordinating nap time and school pick-up schedules.

Ineke registered with PacificCARE for support in establishing and maintaining her business in a professional manner. Registration has offered her access to playgroups, networking, workshops, health and safety inspections, referrals, advice, a toy lending library and support. Ineke also appreciates the opportunities to access current information. However, she would like to see more training on infant/toddler behaviour, health and nutrition, HOP (*Healthy Opportunities for Preschoolers*) and communication skills.

Thank you, Ineke, for your devotion and commitment to the families and children in our community.

Sandra Allen, Comox Valley Consultant



Powell River

Iras Folden first opened a Licensed Not Required (LNR) facility in her home in Revelstoke. Over the span of 11 years she switched from LNR and became a Licensed Family Child Care (FCC). After moving to Powell River she again decided to open as an LNR and has just recently become a FCC again.

Iras says that the transition was fairly straight forward and the licensing officer was very helpful. Currently, her facility is full and the children range in age from 14 months to 5 years old. Iras loves kids and loves watching them learn. Her facility offers library day, gymnastics day and daycare mom and tot skating.

The biggest challenge for Iras is the weather as she tries to get everyone outside everyday. Iras has a 15 year old son with special needs and he loves having the children around. Running her own day care has allowed Iras time to share the world with children and to see it through their eyes. As well, Iras loves being able to be home.

Iras was motivated to register her facility with PacificCARE for the insurance they offer. Also, she benefits from the newsletter and workshop information which help her stay on top of training and current issues.

Roxanne Penner, Powell River Consultant

Door Prize Winners Announced!

Congratulations to the winners of the door prizes at the National Child Day event held at Bowen Park on November 20, 2008. The winners were Sharon Larkins, Tender Beginnings Child Care Centre; Mary-Anne Cavalier, Jelly Beans Family Child Care; and Devon Stulz, child care worker. A big thank you to Ruth Shaw from Enchanted Woodlands Child Care Center for all her help at the event.

Professional Development Reminder

A reminder to everyone that if you receive insurance from PacificCARE or are a registered LNR, your Pro-D requirements are to be completed by the end of September each year. Although PacificCARE offers workshops and training, care providers can take their Pro-D through other community partners who offer child care related courses. If you have any questions, please contact us.

Childpro

We are happy announce that PacificCARE is in the process of purchasing a new database "CHILDPRO" for the child care referral service. We are hoping to have it up and running in the early months of 2009. Look for more information in the upcoming newsletter.



What is LEAP BC™?

LEAP BC™ is a growing family of resources, backed by training and support systems, for families, caregivers, ECE practitioners and educators. LEAP BC is also an initiative of 2010 Legacies Now, in partnership with the Province of B.C. and the University of Victoria. The purpose of these resources is to support healthy child development and learning by focusing on Literacy, Education, Activity and Play (LEAP). At this time, the resources include:

Hop™ Healthy Opportunities for Preschoolers

Talk™

(in development)

Move™ Move with me from birth to three

Hop™ Early Learning Practitioners' Resource

Food Flair™ A nutrition and healthy eating resource for early learning practitioners

The LEAP BC resources incorporate high quality, engaging activities for children to enjoy with their families, caregivers or early learning practitioners. They are written to appeal to families with minimal literacy levels, and involve materials that can be found or made in most homes without extra expense. The illustrations are designed to be self-explanatory. Each activity includes easy-to-follow instructions, brief explanations of what kind of learning the activity supports, and recommendations for read-aloud books, songs or poetry on the same topic. Wherever possible, the activities link physical activity, healthy eating and literacy learning.

See enclosed notice board for LEAP Workshops!!

FUN PAGE - ACTION SONGS

Presented below are 4 action songs that children enjoy and that encourage movement and literacy. These songs come from MOVE (published by 2010 Legacies Now) as well as the Keys to Literacy.

TWIST AND TURN (To the Tune of I'm a Little Teapot)

I'm a little toddler, short and neat,
Here are my hands and here are my feet:
(Shake hands, then touch feet)
When I get excited, watch me turn,
(turn around in a circle)
This is how I move and learn.

I'm a little toddler, moving all around,
(walk around)
I can twist my body right to the ground;
(twist arms and hips while bending low)
When I get excited, help me out,
I want to learn to move and shout!
(run around and shout)

BANANA'S UNITE! (Clasp hands straight up above head)

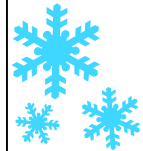
Peel, peel, peel-peel bananas.
(role one arm down at a time) x2
Slice, slice, slice-slice bananas.
(Move arms in crossing motion in front of abdomen) x2
Mash, mash, mash-mash bananas.
(Move hands up and down in a pounding motion) x2
Eat, eat, eat-eat bananas
(Move hands one at time up and down from mouth) x2
Go, go, go-go bananas!!
(Move body all around and go crazy!) X2



MOVE YOUR BODY

Snap your fingers, and tap your toes,
Then take your fingers and tickle your nose.
Blink your eyes and shake your hair,
Wave your hands up in the air.

Make your arms go up and down,
Use your eyes to look all around.
Touch your elbows, now your knees
Then sit down at the count of three.
One, two, three.



WALK ON

Marching, marching, stomp your feet,
Swing your arms right to the beat;
Tippy-toe, tippy-toe, light as air,
Don't wake the baby sleeping upstairs.

Jumping, jumping, jump your feet,
Clap your hands, right to the beat;
Dancing, dancing all around,
Stomp your feet on the ground.

Skipping, skipping, skip your feet,
Shake your body right to the beat;
Hopping, hopping, on the ground,
Now turn your body and spin around.

Statistics for June 2008 to September 2008

379	Parents received referrals to local child care services
6	Workshops and courses provided
1060	Providers and parents who were provided resources
223	Providers and parents who borrowed from the toy and Equipment library
9524	Individuals receiving consultations
39	Support visits
241	Parents assisted with subsidy forms

Meet PacificCARE's Newest Care providers

Nanaimo/Ladysmith

Bouncy Ball
Caterpillar Clubhouse FCC
Chez Nous Childcare
LNR
Little Heaven Montessori
Maranatha Child Care Centre
Mini Marvels Family Child Care
Nadine's Family Day Home
Orca's Pod School-age CCC
Pleasant Valley Playschool

Elaine Ball
Rachelle Swayze
Kristen Berube
Natasha Clark
Shazia Ansari
Irene Mirkovich
Karen Hunter
Nadine Epp-Evans
Sally Christiansson-Tannar
Michelle Brugge

Courtenay/Comox

Chez Tante Lucille—A.F.V.C.
Island Early Childhood Centre
Kidopolis Family Child Care
LNR
Little Lambs Christian Preschool
Magic Puddle Daycare
The Learning Zoo

Jaqueline Lambeth
Elsa Tagal-Willard
Amelia Bernard
Caterina Leung-Gagnon
Kama Yantha
Evelyn Bally
Sara Groves

Campbell River

123-ABC Daycare
New Horizons CCC
LNR

Sheila Janicki
Jonathan Brenner
Jennifer Sturhahn



"Ooo Pretty, Pretty", says 21 month old **Quinlyn** of her 'Scary Fairy' Halloween Costume. **Quinlyn** did her own make up and Mom helped with her hair. Here she is pictured at the Campbell River Family Place doing "little mice are creeping".

Want to know what's going on in your community? Check out:

islandfamilyinfo.ca

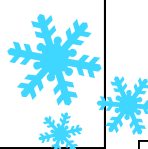
Help us , Help the Environment!!

In future if you would like to receive this newsletter by email rather than hard copy, please send an email request to mailbox@pacific-care.bc.ca and type "Newsletter by Email" in the subject line.

Websites to check out:

Children's Story Books on line: Features stories and activities for children of all ages <http://www.magickeys.com/books/index.html>

For information about **Family Literacy Day** see http://www.abc-canada.org/en/family_literacy/family_literacy_day also check out their page on Facebook.



The Provider Credits:

- Shanda Harris** - Coordinator of Provider
- Carmen Barclay** - Chair of Communication Action Team (CAT)
- And Provider Contributors:**
Sandra Allen, Margaret Sinclair, Roxanne Penner, Kathy Rae, Danielle Boyd, Dianne Magor, and Anita Hickey

A special thanks to the folks of "2010 Legacies Now" for their support with our Leap! BC insert.

For a list of consultants please visit www.pacific-care.bc.ca



Remember Babes:
Read Early, Read Often...

In support of **Family Literacy Day** coming up January 27, 2009 our roving baby reporter **Austin Harris**, who just turned 1 year old on November 14, enjoys some of his favorite books.

Protecting Child Care Providers in British Columbia Business Liability Insurance, or Group Benefits Package

For information call 1-800-565-6510 Loc 28 or visit our website at www.pacific-care.bc.ca

PacificCARE accepts payment by MASTERCARD, VISA or AMERICAN EXPRESS as well as cheque.

