



**PacificCARE**

# Community Notice Board

Winter 2009

Advanced Notice: Spring CCRR Conference host community will be Courtenay in March, more details to be announced in the New Year

## **Nanaimo and Ladysmith Community Profile by the Nanaimo/Ladysmith Consultants**

Welcome to our new Consultant, Kate Lehmann. Kate started working with PacificCARE on August 4 and has been working with Consultant Charlene Roulston to offer the Fall session of Good Beginnings Training. The training started the end of September with a small but motivated group of LNR's, LFCC (pending), and LGCC's. Also, we had single sessions during the training with presenter's from various community partners. Thanks go out to Pam Robb – Licensing, Cindy Page – Northern Lights College, Betty Bugley – ECE, Twyla Schon – VIHA, Karen Lindsay – City of Nanaimo, Ledona Pinder – MCFD, Eileen Bennewith – VIHA, Sue Luoma – CVIMS, and our very own Carmen Barclay. It is always nice to have the presenter's come to share their area of expertise, and to answer all the questions we had. Congratulations to our graduates! We know with Good Beginnings training you will have the best possible start in your child care ventures.

Kudos to all those who attended the "Challenging Behaviors" workshop in Ladysmith. The Nanaimo/Ladysmith consultants have been busy planning the Winter workshops. Check out the new Wild BC workshop. This looks like it will be a lot of fun, especially with our mild Island weather.

A die cutter was purchased and we are planning a networking night for everyone to come and try it out! Watch your emails for this invitation.

With the current flu season upon us, we wish everyone the best of health! If you need to cancel from a workshop due to sickness, please give us a call as soon as you can as we usually have a waitlist for each workshop.

Have a great holiday season and we look forward to connecting with everyone in the New Year!

Anita, Shirley & Kate  
Nanaimo/Ladysmith Consultants

## **Workshops and Courses**

For information or to register for the following professional development please contact the Nanaimo Office at 1-888-480-2273 or (250) 756-2022.

Please note: pre-registration and payment is required for all PacificCARE training one week in advance. Registration is only confirmed upon payment and is on a first come first registered basis. Some of the following workshops have limited seating so register early. Sorry! No refunds for no-shows.

### **Fire Extinguisher Training**

*Date:* Saturday, December 5, 2009

*Time:* 10:00AM to 11:30AM

*Location:* Nanaimo office, 3156 Barons Rd., Nanaimo

*Fee:* \$10 members and \$15 for non-members

A video presentation and hands on fire extinguisher training to learn about classes of fire, types of extinguishers, when to fight a fire, the P.A.S.S. System, care and maintenance, and a question period.

*Pro D Hours:* 1.5





**Nanaimo Workshops and Courses Continued...**

Wild BC: Get Outdoors

*Date:* Saturday, January 23, 2010

*Pro D Hours:* 5

*Time:* 10:00AM to 3:00PM

*Location:* Bowen Park Center, Activity Room #1, Nanaimo

*Fee:* \$15 members and \$20 for non-members (Includes Educator Guide)

Come explore this new educator's guide, it supports educators of school age children in getting students outside and engaged in experiencing the outdoor classroom. A diversity of learning styles, student abilities and teaching settings are addressed through a wide range of easy and powerful sensory awareness activities that help develop personal connections to nature. This unique guide also includes current research on the importance of outdoor experiences to students' mental, physical and spiritual health. Developed over two years with input from dozens of experienced teachers and outdoor educators, the guide addresses these challenges through *Teacher Tip Sheets* and practical checklists covering group management, materials, field trip planners and the importance of the "100-Metre Field Trip". This training will be held rain or shine, please dress for the weather and come prepared to have FUN! Please bring your own lunch. Although this training is geared towards school age children everyone is welcome, skills are often transferable and activities can be modified for younger children.

Business in a Box for Childcare Providers

*Date:* Tuesday, January 26, 2010

*Pro D Hours:* 2.5

*Time:* 6:30PM to 9:00PM

*Location:* Nanaimo office, 3156 Barons Rd., Nanaimo

*Fee:* \$35 members and \$45 for non-members (registration fee includes a business kit valued at over \$70)

Learn how to organize your child care business with the "Tool Box Kit" that PacificCARE has created for child care providers. Learn small business skills and income tax tips from PacificCARE's accountant. Hands on time to personalize your kit and supplies will be provided

Wild BC: Get Outdoors

*Date:* Saturday, February 27, 2010

*Pro D Hours:* 5

*Time:* 10:00AM to 3:00PM

*Location:* Recreation Center, Program Room, 810 6th Ave., Ladysmith (Please park in the lower parking lot by the skate park)

*Fee:* \$15 members and \$20 for non-members (Includes Educator Guide)

See workshop description in Nanaimo area or, call your local consultant.

Emergency Preparedness Presentation

*Pro D Hours:* 2

*Date:* Wednesday, March 3, 2010

*Time:* 7:00PM to 9:00PM

*Location:* Beban Center, Room #21, Nanaimo

*Fee:* \$10 members and \$15 for non-members

Karen Lindsay, the Emergency Program Manager with the city of Nanaimo, shares important information on the realities of emergency preparedness for your child care facility. Come and develop your emergency plan or fine tune your existing one.





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## Nanaimo Area Continued...

**Community Events and Meetings** (Listings not hosted by PacificCARE) For other events visit: [www.islandfamilyinfo.ca](http://www.islandfamilyinfo.ca)

### Teacher Talk

*Pro-D Hours: 6 (per session)*

**Date:** Session (A) February 6, (B) February 27, (C) March 20 **Note:** Session A is a prerequisite for session B&C

**Time:** 9:30AM to 4:30PM

**Location:** Princess Royal Family Center @ 260 Irwin St., Nanaimo

**Contact:** Dawn Moore (250) 740-6827 or [Dawn.Moore@viha.ca](mailto:Dawn.Moore@viha.ca) or fax (250) 755-6260

**Fee:** \$20 per session (Bring a bag lunch)

Training A: Encouraging language development in child care settings Training B: Let language lead the way to literacy

Training C: Fostering peer interaction in early childhood settings

## **Parksville/Oceanside Community Profile by Susan Oliver**

Greetings from Oceanside. It has been a busy fall with three successful workshops – Food Flair, Halloween Make and Take, and Children’s Expression through Art, as well as growing attendance at the Munchkinland drop-ins. It is exciting to see the start of Safety Village at Qualicum Beach Elementary School with the installment of the Victorian playhouse and the lighthouse, inside Munchkinland, Qualicum Beach the children await their turns to pilot the Coast Guard boat! A big thank you to Building Learning Together, C-Zone and the volunteers and community partners who are making Munchkinland at Qualicum Beach a reality. We invite you to come and check it out Tuesdays 9:30-11:00AM. The Parksville Munchkinland Drop-In is on Wednesdays 9:30-11:00AM.

Tis the season to celebrate so check out the community events below. And as you put up those new calendars for 2010 – mark down the dates to “Get Outdoors” or maybe get down to business with “Business in a Box” workshops, details below.

Wishing you peace and joy all year through.

Susan Oliver  
Oceanside Consultant

## **Workshops and Courses**

For information or to register for the following professional development please contact Susan Oliver in the Parksville/Oceanside Office at (250) 594-1109 or [soliver@pacificcare.bc.ca](mailto:soliver@pacificcare.bc.ca)

Please note: pre-registration and payment is required for all PacificCARE training one week in advance. Registration is only confirmed upon payment and is on a first come first registered basis. Some of the following workshops have limited seating so register early. Sorry! No refunds for no-shows.

### Business in a Box

*Pro-D Hours: 2.5*

**Date:** Tuesday, February 9, 2010

**Time:** 6:30PM to 9:00PM

**Location:** TBA

**Fee:** \$35 for members and \$45 for non-members

Learn how to organize your childcare business with the “Tool Box Kit” that PacificCARE has created for child care providers. Learn small business skills and income tax tips from PacificCARE’s accountant. Hands on time to personalize your kit and supplies will be provided. Cost of the workshop includes the kit valued at over \$70. Limited seating available.



**Parksville Workshops and Courses Continued...**

Wild BC: Get Outdoors

*Pro-D Hours: 5*

*Date: Saturday, January 30, 2010*

*Time: 10:00AM to 3:00PM*

*Location: Rotary House; 211 Fern Road West (Corner of Beach Road, Qualicum Beach)*

*Fee: \$15 members, \$20 non-members (Includes Educator Guide)*

*See workshop description in Nanaimo area or call your local consultant.*

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**Community Events and Meetings** (Listings not hosted by PacificCARE) For other events visit: [www.islandfamilyinfo.ca](http://www.islandfamilyinfo.ca)

Arrowsmith Child Care Association

Annual Christmas Dinner

*Date: Tuesday, December 8, 2009*

*Time: 6:30PM*

*Location: Thalassa Restaurant Qualicum Beach Golf Course*

*RSVP Corinne at (250) 752-4923 or email [spurch@shaw.ca](mailto:spurch@shaw.ca) by December 4. Please bring a wrapped \$10 gift for the gift exchange. You may also bring any donations for the Christmas families that night.*

*Next Meeting: Tuesday, January 12, details to come by email*

Mother Goose in Bowser (at Bowser Elementary)

WOW Bus

*Date: Monday Mornings*

*Time: 9:30AM to 11:30AM*

Mother Goose Goes to School

*Date: Tuesday mornings*

*Time: 10:30AM to 11:00AM*

*Contact: Building Learning Together at (250) 248-4041 for more info*

Bethlehem Walk Village

*A Morning Presentation for Pre-School*

*Date: Monday, December 14*

*Time: 9:30AM to 11:00AM*

*Location: Parksville Baptist Church at 550 Pym Street*

*There will be plenty of opportunity for the children to interact with the villagers and live animals. Following time in the village we will serve hot chocolate and cookies in our beautifully decorated auditorium and costumed carollers will lead in favourite Christmas carols.*

Bethlehem Walk is a free event, if you plan to attend with your group, please email the church at

[office@parksvillebaptist.org](mailto:office@parksvillebaptist.org) or call Parksville Baptist Church (250) 248-6322.

Milner Christmas Magic

*Date: December 4-6, 11-13, 17-21*

*Time: 5:00PM to 8:30PM*

*Fee: By donation*

Lights and music in the garden, visit Santa, storytelling and refreshments on site.





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## Port Alberni/West Coast Community Profile by Julie Rushton

Hello from Port Alberni. We have been very busy here offering workshops and preparing for up and coming professional development. Many exciting events are planned for the New Year! Family Child Care providers have been meeting monthly and we have continued to see great participation at Make Children's First's Connections group from all Child Care providers in the Alberni Valley. As always, I welcome feedback and would love to hear your ideas in terms of how PacificCARE can support you as a Child Care provider. I hope you all have a wonderful Holiday Season!

Julie Rushton  
Port Alberni/West Coast Consultant

### Workshops and Courses

For information or to register for the following professional development please contact Julie Rushton in the Port Alberni Office at (250) 724-3318 or email [jrushton@pacific-care.bc.ca](mailto:jrushton@pacific-care.bc.ca)

Please note: pre-registration and payment is required for all PacificCARE training one week in advance. Registration is only confirmed upon payment and is on a first come first registered basis. Some of the following workshops have limited seating so register early.

#### Remembering to Play

*Pro-D Hours: 6*

*Date:* Saturday, February 13, 2010

*Time:* 9:30AM to 4:30PM

*Location:* Port Alberni Search and Rescue Hall

*Fee:* \$45 member, \$55 non-member (includes lunch)

Led by Vince Gowmon, CPCC, BBA. By remembering to play, we remember ourselves and the importance of self-care and levity as cornerstones for parenting, teaching and care-giving. *Remembering to Play* is a fun, interactive and experiential workshop. Participants learn using various forms of creative expression (movement, art, music, storytelling and more), as well as written material and open discussions.

#### Ready to Rhyme, Run, Read, and Play

*Pro-D Hours: TBA*

*Date:* TBA

*Time:* TBA

*Location:* PacificCARE office; 3092 3rd Avenue, Port Alberni

Supporting early literacy through kinesthetic activities, come join this interactive workshop.

#### Wild BC: Get Outdoors

*Pro-D Hours: 5*

*Date:* March 27, 2010

*Time:* 10:0 AM to 3:00PM

*Location:* TBA

*Fee:* \$15 members, \$20 non-members (Includes Educator Guide)

See workshop description in Nanaimo area, or call your local consultant.

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#### Connections Group

*Contact:* Nicki Bezanson [nickib@shaw.ca](mailto:nickib@shaw.ca)

A gathering of all Child Care providers in the Alberni Valley, includes professional development, discussions and planning relevant to the child care community.





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## Comox Valley/Powell River Community Profile by Sandra Allen and Sue Warren

This past fall has been very busy here in Courtenay as we helped both parents and caregivers with child care and subsidy issues. Welcome to our new LNR's and FCC care providers.

We have facilitated the 20 hour *Responsible Adult* course in conjunction with the 30 hour *Providing Quality Child Care* course which is a new series that tries to meet the needs of both responsible adults looking to work in a daycare center and those individuals who are setting up their own in home center and require a broader understanding of best business practices. Congratulations to the graduates of both these courses.

Several spring workshops are now planned for the Courtenay and Powell River areas, please see below for details...

Sandra Allen & Susan Warren  
Courtenay/Powell River Consultants

### Workshops and Courses

To register for any of the following workshops please call (from Comox Valley) (250) 338-4288 to speak to Sandra Allen (local 236) or Sue Warren (local 250) or (from Powell River) 1-888-480-2273, we strive to return our calls quickly. You can also register by email at [sallen@pacific-care.bc.ca](mailto:sallen@pacific-care.bc.ca).

Please note: pre-registration and payment is required for all PacificCARE training one week in advance. Registration is only confirmed upon payment and is on a first come first registered basis. Some of the following workshops have limited seating so register early. No refunds for no-shows.

### Courtenay Workshops

#### Business in a Box

*Date:* Tuesday, February 2, 2010

*Time:* 6:30PM to 9:00PM

*Location:* CDA building at 237-3rd Street, Courtenay

*Fee:* \$35 members, \$45 non-members

Learn how to organize your childcare business with the "Tool Box Kit" that PacificCARE has created for child care providers. Learn small business skills and income tax tips from PacificCARE's accountant. Hands on time to personalize your kit and supplies will be provided. Cost of the workshop includes the kit valued at over \$70. Limited seating available.

*Pro-D Hours: 2.5*

#### Sign Language With Wee Hands

*Pro-D Hours: 2.5*

*Date:* Monday, February 8, 2010

*Time:* 7:15PM to 9:30PM

*Location:* CDA building, 237-3rd Street Courtenay

*Fee:* \$10 members, \$15 non-members

Long before babies can speak they have the ability to understand speech and want to communicate. Come and join us in learning the benefits of sign language and ways to teach and incorporate sign language into your programming with the babies, toddlers, and preschoolers in your care.



**Comox Valley/Powell River Workshops Continued...**

Wild BC: Backyard Biodiversity & Beyond

*Pro-D Hours: 5*

*Date:* Saturday, March 20, 2010

*Time:* 10:00AM to 3:00PM

*Location:* Salish Building at the Lewis Center in Courtenay

*Fee:* \$15 members, \$20 non-members (Includes handbook)

See workshop description above in Nanaimo area or call your local consultant.

Spring CCRR Conference

More information will be available in the New Year.



**Powell River Workshops**

Creative Expressions With Die Cuts

*Pro-D Hours: 2*

*Date:* Monday, January 11, 2010

*Time:* Meet and Greet 5:00PM to 6:00PM

Workshop 6:00PM to 7:00PM

*Location:* TBA

*Fee:* \$10 members, \$15 non-members

Come on out and take advantage of this opportunity to try out the Die Cut machine while creating resources for your center. The workshop will focus on creative uses of the die cut templates, how to use the machine and provide opportunity for you to put together your own resource package. There will also be a die cut template catalogue distributed to each participant that can be used in the future for ordering die cuts from the Courtenay office. Several craft ideas will be available for you to try out while waiting for your turn on the die cut machine.

PLEASE NOTE: A minimum number of 15 confirmed registrations is required for the workshop to proceed.

Wild BC: Get Outdoors

*Pro-D Hours: 5*

*Date:* Saturday, March 27, 2010

*Time:* 10:30AM to 3:30PM

*Location:* Recreation Center in Powell River

*Fee:* \$15 members, \$20 non-members (Includes Educator Guide)

See workshop description in Nanaimo area or call 1-888-480-2273 to reach Sandra Allen, Child Care Consultant.





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## Campbell River & North Island Profiles by Rhonda Teramura

Hello Campbell River & North Island!

I am pleased to announce my new position as Child Care Consultant with PacificCARE! I am happy to be out in the community at meetings or at drop in playgroups around town, maybe you will see me out there! There are some wonderful workshops, events and professional development opportunities going on in the North Island and I would like to invite you to attend them. Most are free, or at a subsidized cost, and all are quality support for your work with children. Please contact me at (250) 286-9790 with any questions you may have, I look forward to meeting all of you!

Rhonda Teramura  
Campbell River/North Island Consultant

### Workshops and Courses

To register for any of the following workshop please call (250) 286-9790 or 1-888-480-2273 and ask to speak with Rhonda Teramura, you can also register by email at [rteramura@pacific-care.bc.ca](mailto:rteramura@pacific-care.bc.ca).

Please note: pre-registration and payment is required for all PacificCARE training one week in advance. Registration is only confirmed upon payment and is on a first come first registered basis. Some of the following workshops have limited seating so register early. No refunds for no-shows.

#### Wild BC: Get Outdoors

*Pro-D Hours: 5*

*Date:* Saturday, February 20, 2010

*Time:* 10AM to 3PM

*Location:* 445 Merecroft Rd (Christian Life Day Care)

*Fee:* \$15 members, \$20 non-members (Includes Educator Guide)

See workshop description in Nanaimo area or phone Rhonda for more information.



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### Community Events and Meetings (Listings are not hosted by PacificCARE) For other events visit: [www.islandfamilyinfo.ca](http://www.islandfamilyinfo.ca)

#### Craft and Social

*Pro-D Hours: 1.5*

*Date:* Tuesday, December 8, 2009

*Time:* 6:30PM to 8PM

*Location:* Robron Center

*Fee:* Free

*Contact:* Anne Boyd: [anne.boyd@sd72.bc.ca](mailto:anne.boyd@sd72.bc.ca)

Learn a craft to use in your program for Christmas. New, easy and affordable. Dessert will be served!!



#### Books Galore

*Pro-D Hours: 1.5*

*Date:* Tuesday, January 12, 2010

*Time:* 3:30PM to 5:00PM

*Location:* Robron Center

*Fee:* Free

*Contact:* Anne Boyd: [anne.boyd@sd72.bc.ca](mailto:anne.boyd@sd72.bc.ca)



Bring your favorite children's book to share, presenter will share books, and ideas will be discussed on using books. Everyone will go home with a book to use in their work.



**Campbell River Community Events Continued:**

Positive Approaches to Behavior

*Pro-D Hours: TBA*

*Date:* 6 Wednesday sessions: January 13, 20, 27; February 10, 17, 24

*Time:* 6:30PM to 9:00PM

*Location:* #110 Ironwood Street

*Fee:* \$25 total for all sessions

*Contact:* Debbie Griffiths at (250) 286-0955 ext 236

Whose Job Is It To Do What?

*Pro-D Hours: 1.5*

*Date:* Tuesday, February 9, 2010

*Time:* 6:30PM to 8:00PM

*Location:* Robron Center

*Fee:* Free

*Contact:* Anne Boyd: [anne.boyd@sd72.bc.ca](mailto:anne.boyd@sd72.bc.ca)

A facilitator hosts a discussion on goals and purposes of early learning in all varieties of children's programs including kindergarten. Bring your ideas!

**Port McNeil Workshops**

Wild BC: Get Outdoors

*Pro-D Hours: 5*

*Date:* Saturday, February 27, 2010

*Time:* 10AM to 3PM

*Location:* North Island Community Services, Family Place

*Fee:* \$15 members, \$20 non-members (Includes Educator Guide)

See workshop description in Nanaimo area, or call Rhonda Teramura, Child Care Consultant at 1-888-480-2273.





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Pacific Child and Family Enrichment Society inspires diverse, intergenerational relationships by engaging communities and creating valued services to enrich the lives of individuals of all cultures.



“Empowering communities to thrive through education, support and collaborative relationships.”